This Week’s Features:

**Monday**
- Chicken Noodle
- Lentil and spinach

**Tuesday**
- Chicken & Poblano pepper
- Lemon chicken and rice
- New England Clam chowder

Call Jamie
At 617-636-0540
For all your catering needs!

For All Your Catering Needs...Stop by the Café & pick up our Catering Menu

Be Sure to Get a Copy of Our Nutrition News located in the Café!

V = Vegetarian Selections
* = Heart Healthy Selections
CC = Carb Conscious

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### Breakfast

- **Manic Monday:** 2 eggs, 2 bacon, home fries, 1 French toast and a small new England coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

#### Main Course

- **Sheppard’s Pie:** Seasoned Ground Beef layered with corn and mashed Potato. Topped with a rich brown gravy served with a side of vegetables
- **Deli - Sliced Buffalo chicken Breast:** topped with Cajun mayo, pickles, onion and swiss cheese on fresh baked Honey wheat roll

### Lunch

- **TGIF special:** 2 eggs, 1 pancake, 2 bacon or sausage links with home fries and a small New England coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

#### Main Course

- **Oriental Beef:** Tossed with teriyaki sauce with red peppers, broccoli, scallions and mushrooms over fried rice with a vegetable spring roll
- **Deli - Turkey Pastrami:** Topped with swiss cheese, 1000 island dressing on fresh baked honey wheat roll

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Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood or eggs may increase the risk of food borne illness. In accordance with the state health code, we cook these foods to well done to minimize the risk.

*These Items are cooked to order

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### Monday

- Breakfast: **Manic Monday:** 2 eggs, 2 bacon, home fries, 1 French toast and a small new England coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

**Entrée - Sheppard’s Pie:** Seasoned Ground Beef layered with corn and mashed Potato. Topped with a rich brown gravy served with a side of vegetables

**Deli - Sliced Buffalo chicken Breast:** topped with Cajun mayo, pickles, onion and swiss cheese on fresh baked Honey wheat roll

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### Tuesday

- Breakfast: **Chicken & Cheddar Omelet:** Our 3 egg omelet with cheddar cheese and grilled chicken served with toast, home fries and a small coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

**Entrée - Turkey Tetrazzini:** Spaghetti, chicken broth, grated parmesan, peas, onion and Turkey in a creamy gravy served with a Caesar salad

**Deli - Grilled Salmon Burger:** Topped with a southwest pesto and provolone cheese on a fresh roll served with lattice chips

**Off the press - Italian sausage Panini with provolone cheese**

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### Wednesday

- Breakfast: **Chicken & Cheddar Omelet:** Our 3 egg omelet with cheddar cheese and grilled chicken served with toast, home fries and a small coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

**Entrée - Poached Salmon:** With white wine and herbs served with rice pilaf and fresh green beans

**Deli - Turkey Pastrami:** Topped with swiss cheese, 1000 island dressing on fresh baked honey wheat roll

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### Thursday

- Breakfast: **Mexican Egg Quesadilla:** 2 scrambled eggs, pepperjack cheese, peppers and onions grilled in a wrap topped with sour cream and salsa

**Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold

**Entrée - Oriental Beef:** Tossed with teriyaki sauce with red peppers, broccoli, scallions and mushrooms over fried rice with a vegetable spring roll

**Deli - Chicken Quesadilla:** Served with Mexican rice topped with salsa, sour cream and cheddar cheese

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### Friday

- Breakfast: **TGIF special:** 2 eggs, 1 pancake, 2 bacon or sausage links with home fries and a small New England coffee
- **Exhibition - Fire & Ice salad Bar:** Let us create your salad hot or cold tossed to order

**Entrée - Triple cheese baked Lasagna:** Topped with marinara Served with a side of fresh roasted vegetables

**Deli - Fried Fish and chips with creamy slaw**

**Deli - Seafood salad sub:** Served with creamy slaw

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Please allow us to assist you in identifying potential allergens