Where great food brings the campus community together
Welcome to Tufts Dining

It’s true, we love food — great food that’s good for you and the Earth. Come eat with us and savor our wide variety of made-from-scratch fresh meals, snacks, and treats.

Dining is an integral part of your student experience, and we’d like that experience to be terrific. Whether you’re looking for a quick bite, a hearty meal, or a spot to relax and study with friends, we have what you need to enjoy your time with us. Please take a moment to browse through this brochure to learn more about the nine convenient places to eat and drink on campus.
Highlights

Enjoy all that Tufts Dining offers!

- Great-tasting, high-quality fresh food
- Tremendous variety
- Accommodations for food allergies and intolerances
- Flavorful vegetarian and vegan dishes
- Friendly and helpful staff
- Environmentally conscious operations and socially responsible food
- Nine diverse, convenient locations on campus
- Flexible meal plans with eat-in and take-out options
- Off-campus restaurants, a convenience store, and a pharmacy that accept our JumboCash debit plan
As a first-year student, you are automatically enrolled in Tufts Dining’s Premium Meal Plan. The Premium Plan offers the best value for students to take full advantage of dining at Tufts and not have to think about planning their own meals. In addition to four guest meals and $75 in JumboCash each semester, the Premium Plan includes the option to visit Carmichael and Dewick-MacPhie Dining Centers multiple times each meal period.

First-year students on the Premium Meal Plan have access to Carmichael and Dewick-MacPhie Dining Centers seven days a week from opening in the morning until closing at night. Students can enter as often as they’d like for a full meal, a quick drink, or a snack. The variety is extensive and the food is fresh and delicious.

There are also take-out options for students on the Premium Meal Plan. Both Hodgdon Food-on-the-Run and Pax et Lox Glatt Kosher Deli are take-out locations that accept meal plans. Learn more about Meal Plan Takeout on page 6.

Please Note:
All food from the dining centers must be eaten in the dining centers.
Carmichael Dining Center

Anything but Ordinary Uphill Dining

We think you’ll love Carmichael’s friendly, intimate atmosphere and broad variety of food. Carmichael Dining Center is all about great options, all the time. Fresh and flavorful stir-fry nights, hearty salads, comfort foods like mac and cheese and chicken pot pie are just some of what you can expect to find on the menu at Carmichael. There’s a soup and bread station, as well as hamburgers and veggie burgers with all the toppings. Carmichael is the place to be for uphill dining and one of the two main places to use your meal plan.

Carmichael’s extensive fresh salad bar with loads of veggies, greens, toppings, and dressings will suit every palate. Delicious whole grain, vegan, and vegetarian meals include Tofu and Veggies with Peanut Sauce, Superfood Salad, Veggie Enchilada, and Moroccan Chickpea Stew. Perfectly roasted and carved meats, fresh homemade soups, and savory pasta dishes (including gluten-free pasta) taste as good as they sound. Want more? Carmichael makes hand-tossed pizzas with our own homemade dough. There’s Pho Night once a week and the desserts baked daily are from our own Tufts Bake Shop.

Late Night at Carmichael

Need a late-night snack or meal on Friday or Saturday? Students on a meal plan or anyone looking for a tasty bite can dine between 9 p.m. and 1 a.m. Selections may include a burrito bar, veggie burgers, meatball subs, and more.
Dewick-MacPhie Dining Center

Anything but Ordinary Downhill Dining

Dewick-MacPhie Dining Center has a great variety of delicious food made fresh and from scratch with the best ingredients. With a large and open serving area, abundant seating, and flavorful foods prepared on the spot, Dewick is a favorite destination. It is our main downhill location to eat with your meal plan.

At Dewick, you’ll find something for everyone’s tastes. Come enjoy a vast salad bar with baby spinach, crisp greens, colorful veggies, and tasty dressings. Dewick has the largest selection of vegan and vegetarian food on campus. Try our Vegan Chick’n Fajitas, our Jamaican Jerk Tofu, or our award-winning Vegetarian Chili. Enjoy Dewick’s grilled and slow-roasted meats and fish including carved Ginger Sesame Flank Steak and Seared Orange Chipotle Pork Loin. Grilled burgers and chicken breast are served from lunch through dinner daily. But that’s not all: our panini presses are perfect for toasting your favorite sandwiches, and we have Belgian waffles all day long.

Dewick-MacPhie Dining Center also has a separate walk-in pantry solely designated for preparing food that’s gluten free or tree nut/peanut free.
Meal Plan Takeout

Two of our locations, Hodgdon Food-on-the-Run and Pax et Lox Glatt Kosher Deli, accept meal plans for takeout. Each meal period, students on a meal plan have a dollar equivalent that can be used at Hodgdon and at Pax et Lox. Students can visit either location using their meal plan once each meal period. Students visiting Pax et Lox can bring their food into a dining center at lunch or dinner as long as they go to Pax et Lox first. Students using their meal plan at Hodgdon must wait until the next meal period to go to Carmichael or Dewick-MacPhie Dining Centers. Just because you’re on the go doesn’t mean you can’t enjoy a fresh, healthy meal on campus!

Hodgdon Food-on-the-Run

Life Made Easy for People on the Run

No time to stop and dine in? Hodgdon Food-on-the-Run is our downhill take-out location. Hodgdon opens early and stays open late on weekdays, so it’s perfect for a quick meal or snack any time of day. Try a warm egg-and-cheese croissant or bagel and cream cheese for breakfast; a burrito bowl, deli sandwich made your way, or some sushi for lunch; or have a piping-hot rice or noodle bowl after class for a late-night dinner. Celebrating? Pick up or order the perfect cake for all your special occasions. At Hodgdon, you can even buy a box of cereal and a quart of milk for easy snacking back at your dorm.
Where else can you eat?

There are several places on campus to get a velvety, handcrafted cappuccino and great food that accept JumboCash, cash, and credit cards. Don’t forget, you have $75 in JumboCash each semester (it accompanies your Premium Meal Plan). Dining at Tufts, you should never go thirsty or hungry!

Pax et Lox Glatt Kosher Deli

A Convenient and Delicious Kosher Deli

If you keep kosher or just love a good corned beef on rye, Pax et Lox Glatt Kosher Deli is the place for you. Enjoy made-to-order sandwiches and savory sides for lunch or dinner. And of course, each sandwich comes with a pickle: half sour or dill, made fresh in Massachusetts. Open Monday through Thursday for lunch through dinner, Pax et Lox has hearty sandwiches, from homemade Chicken Salad to New York–Style Salami or Soy-Glazed Tofu. Turn up the heat at dinner with hot sandwiches including the Latke Reuben, Double Trouble Fish Sandwich, and vegan Tofu Bahn Mi. Students can use a Meal Plan Equivalent for lunch or dinner at Pax et Lox.
The Commons Marketplace

The Campus Social Spot
Looking for a made-to-order tossed salad with grilled salmon or tofu? How about a sizzling Angus beef burger with guacamole or cheddar, a hot three-cheese panini sandwich, or a Korean Beef Taco? Maybe you want some quick snacks to power you through the afternoon or groceries to take back to your apartment. You’ll find it all at the Commons Marketplace, a convenient place to eat and hang out on campus — and it’s open late!

Late Night at the Commons
Need a snack on Friday or Saturday night? The Commons has a late-night menu Friday and Saturday from 9 p.m. until 1 a.m. It’s specifically geared toward students on a meal plan, but anyone looking for a quick bite after 9:00 can stop by the Commons, whether they’re on a meal plan or not. Burgers, fries, or mac and cheese at midnight? Sounds good to us, too!
The Mix & Match Salad Bar at the Commons Marketplace with Refresh wall of cool drinks in the background.
Hotung Café

Fresh Food Fast

Hotung Café serves numerous beverages, from Starbucks coffee to Tazo tea drinks, and has a variety of fast, delicious food made fresh and packaged to go. This modern café has a fun vibe and no shortage of seating. Grab a chair at the counter, sit at a booth with friends, or head upstairs with a good book and relax. Try the Salted Caramel Mocha, an Iced Caramel Macchiato, or perhaps a White Chocolate Mocha. Maybe a cup of hot Tazo Chai or Passion Iced Tea is your drink of choice?

Hotung Café serves hot breakfast sandwiches and made-to-order oatmeal. Our freshly baked scones and muffins taste great with coffee. For lunch, grab a chicken Caesar salad, sushi made right on site, or a sandwich made fresh daily and ready to take out. Hotung’s new craft pizza (coming this fall) will cater to the individualist and the conformist. Just name your toppings and your personal pizza will be ready in minutes. If you’re in the mood for something sweet, try our homemade brownies, cookies, and mini cream-cheese-frosted carrot cakes. Keep it healthy with a vegetable crudité snack pack. Get a caffeine fix, or make a meal out of it at Hotung Café in the Campus Center.
Books, coffee, and conversation are a great combination. The Tower Café, tucked inside the Tisch Library, is an oasis for students, faculty, and staff. Take a coffee, lunch, or snack break at Tower Café. Meet a classmate to study. Get a hot panini or a crisp packaged salad to restore your energy. Treat yourself to Seattle’s Best Coffee signature espresso drinks or Tazo teas any time of day. Just looking for a snack? Grab a yogurt parfait, one of our melt-in-your-mouth cookies, or a piece of fresh fruit. Since Tower Café is open late, it’s perfect for a work or study session. Relax under the skylight on our large cushy chairs and couches or just take a moment to recharge on your way to class. Tower Café is a cherished campus spot for students and faculty.
Brown & Brew Coffee House

Delicious Food & Drinks in a Cozy Setting

Whether you need a caffeine boost or a quick snack, Brown & Brew Coffee House is your answer. With friendly service and a full selection of food and drinks, we’re what great coffee houses are made of. Thirsty? Sip a fresh-brewed Seattle’s Best Coffee, handcrafted espresso drink, or cup of organic tea. Hungry? Have one of our packaged salads, some homemade soup, a hot pressed or chilled ready-to-go sandwich, or sushi. Just looking for a snack? Try a warm cookie or one of our own scones, muffins, or walnut brownies. Want something more healthful? Build your own yogurt at our yogurt bar with a selection of three flavors and a variety of toppings. Study, read, meet and work, or just hang out at Brown & Brew. Sit inside on comfy upholstered chairs, or, if the weather is nice, take your food and drinks outside onto our sunny patio. When you need a break, we’ll be ready!
Mugar Café

A Comfortable Place to Eat, Meet, and Relax

For Tufts’ graduate students, faculty, and staff, Mugar Café at the Fletcher School — with its bright windows and comfy chairs — is the perfect spot. Mugar Café has Starbucks coffee and espresso drinks. You can get a quick breakfast or snack before class or enjoy a sit-down lunch with friends. You’ll find a thoughtful — and delicious! — selection of menu items at reasonable prices from morning until late afternoon Monday through Friday. Savor a fresh, packaged Grilled Chicken Caesar or Traditional Greek Salad. Can’t decide what to eat? Try our hot bar for a selection of flavorful vegetarian and meat dishes, like Gnocchi with Red Pepper Cream Sauce, General Tso’s Chicken, and Tofu Tikka Masala. Serve yourself a cup of homemade soup and ask for a hot Italian panini fresh out of the oven for lunch, or consider a warm egg sandwich for breakfast.

Whether relaxing with an espresso, working while eating lunch, or meeting with colleagues for class, Fletcher students (and some of our other graduate students) have found a home at Mugar Café — so get a coffee and pull up a chair!
JumboCash

The Easy Way to Pay

Enjoy the convenience of our cashless way to pay for meals, snacks, printing, copying, laundry, campus vending machines, food at our cafés, and food at select local restaurants by opening a JumboCash account. You can pay with JumboCash for just about everything on campus simply by using your Tufts ID just like a bank debit card. It’s the easy way to pay. All students automatically have a JumboCash account and can add funds anytime. First-year students get $75 each semester with the Premium Meal Plan. So enjoy it — save time and money with JumboCash. Full-time students are exempt from Massachusetts meal tax so you save 7% automatically when using your JumboCash to pay. No fees, interest charges, or minimum balances. It’s faster, safer, and more convenient than cash.

And, it’s easy to add funds 24/7 at https://www.jumbocash.net.
Sustainability

At Tufts Dining, sustainability isn’t just an abstract goal — it’s who we are and what we do every day. From purchasing local, organic, and fair trade food to donating leftover food, hosting zero-waste events, and composting food waste, we are committed to sustainable, socially responsible food that’s healthy and thoughtfully prepared. Here are a few ways Tufts Dining supports sustainability on campus:

• We serve a variety of organic and sustainably sourced food
• We use local seasonal produce and locally caught wild fish
• We purchase from dozens of local food vendors
• Our bananas are Rainforest Alliance certified
• Our compostable napkins are made from unbleached and recycled fibers
• We compost food waste in all dining centers and all our kitchens
• Certified fair trade or organic coffee is available in all dining locations
• All take-out containers are made from either recycled materials or plant fibers or are fully recyclable

Food Allergies & Intolerances

Tufts Dining takes food allergies and intolerances seriously. We want everyone to have a safe and enjoyable dining experience. That’s why we provide the information you need to avoid adverse reactions to food. We’ve also set aside specially designated areas in each dining center to prepare food for students with allergies and intolerances. Students with food allergies and intolerances should contact our Tufts Dining dietitian as early as possible to make arrangements and accommodations. Look for more information on our website.