

# BREAKFAST

## Breakfast Burritos

Egg and Cheese	\$2.00
with Ham or Bacon	\$2.75
with Sausage	\$3.25
with Veggies	\$3.50
The Bomb with Egg, Cheese, Veggies and Ham or Bacon	\$5.95
Huevos Rancheros with Black Beans, Eggs, Salsa, Sour Cream	\$4.95

## Omelets

Egg and Cheese	\$2.00
with Ham and Bacon	\$2.75
with Sausage	\$3.25
with Veggies	\$3.50
2 Eggs Toast and Home fries	\$3.25
with Ham or Bacon	\$4.25
with sausage	\$4.50
Scrambled Eggs, Baby Spinach, Tomatoes and Cream Cheese, Toast	\$4.50

## On the Side

Toast	\$.80
Home fries	\$1.50
Bacon	\$1.20
Oven Steak Fries	\$1.95

## Bagels, English Muffins and Breakfast Sandwiches

Bagel and Cream Cheese or Peanut Butter	\$1.50
Plain Bagel	\$1.00
English Muffin with Jelly or Peanut Butter	\$1.00
Plain English Muffin	\$.80
Western Sandwich on a Bulky Roll	\$4.50
Egg and Cheese on English Muffin with Ham or Bacon	\$1.55
with Sausage	\$2.75
Egg and Cheese Bagel with Ham or Bacon	\$3.60
with Sausage	\$4.00

## French Toast

with Maple Syrup	\$3.50
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## Pastry

Muffins (blueberry, corn, cranberry walnut)	\$1.30
Coffee cake	\$1.30
Freshly baked cookies	\$.95
Melt-away Bars	\$2.50

## Lighter Fare

Yogurt	\$.95
Fresh Fruit Cup	\$1.50
Fresh Fruit	\$.95
Fruit Yogurt and Granola Parfait	\$2.00
Granola Cup	\$.95

## Beverages

Fair Trade Coffee	
Small	\$1.75
Large	\$2.50
Hot Tea	\$1.20
Arizona® Iced Tea	\$1.75
Nantucket® Juices	\$1.89
White Milk	\$.75
Chocolate Milk	\$2.25

ELMS  
CAFÉ

ELMS CAFÉ

AT THE CUMMINGS SCHOOL

MONDAY-FRIDAY 7 AM TO 2 PM

PRICES AND OFFERINGS MAY VARY

# LUNCH

## Hot Off the Grill

... includes Lettuce, Tomato and Pickle

Hot Dog	\$1.50
6oz Hamburger	\$3.95
6oz Cheeseburger	\$4.50
6oz Bacon Cheeseburger	\$5.95
Veggie Burger	\$4.95
Grilled Cheese and Tomato	\$2.75
Grilled Cheese	\$2.50

## Quesadillas

... extra Guacamole	\$ .60
Black Bean and Cheese	\$4.50
Chicken and Cheese	\$4.75
Roasted Veggie	\$4.50
Black Bean Chicken and Cheese	\$5.25
Buffalo Chicken with Blue Cheese	\$5.95

## Salad Bar

Market fresh vegetables, your choice, by the pound	\$5.99
Pasta Salad	\$1.50

## Soup and Chili

Half a Baguette	\$ .55
Cup of Soup	\$1.75
Bowl of Soup	\$3.50
Cup of Vegetarian Chili	\$2.90
Bowl of Vegetarian Chili	\$3.75

## Specialty Sandwiches

### Chicken Wraps

Chicken Salad with Sun Dried Tomatoes, Red Onion, Lettuce and Tomato	\$5.95
Baja Chicken with Black Beans, Rice, Cheddar, Salsa, Onions and Peppers	\$5.95
Chicken Caesar Salad	\$5.95
Grilled Chicken Cheddar, Chili and Sour Cream	\$5.95

### ... On Focaccia and Baguette

Grilled Chicken Bacon and Swiss with Ranch on Focaccia	\$5.95
BBQ Chicken and Cheddar on Baguette with Lettuce and Tomato	\$5.95

## Turkey

Turkey Bacon Cheddar on Baguette with Garlic Herb Spread, Lettuce and Tomato	\$5.95
Thai Turkey and Veggie Wrap with Julienned Vegetables and Spicy Peanut Sauce	\$5.25
Thanksgiving Sandwich with Stuffing, Mayo and Cranberry on Apple Cranberry Bread	\$5.95
Apple Turkey Cheddar Melt with Garlic Herb Spread	\$5.95
Triple Decker Turkey, Ham, Bacon, American, Mayo and Swiss with Lettuce, Tomato and Onion	\$6.95

## Cold Cuts

Italian on Focaccia with Ham, Provolone, Salami, Mortadella, Pickles, Onions Lettuce and Tomato	\$4.95
Black Forest Ham and Swiss with Lettuce, Tomato and Mustard	\$4.95
Classic BLT with Applewood Bacon	\$4.95

## Roast Beef

Roast Beef with Boursin, Lettuce and Tomato	\$5.95
BBQ Roast Beef with Lettuce, Tomato, Onions and Cheddar Melted	\$5.95
Roast Beef and Applewood Bacon Melt with Boursin, Lettuce and Tomato	\$6.95

## Tuna and Egg

Tuna Salad Wrap with Swiss Capers, Lettuce and Tomato	\$5.95
Egg Salad on Multigrain Bread with Lettuce and Tomato	\$4.95

## Vegetarian Wraps

Thai Veggie Wrap with Julienned Vegetables and Spicy Peanut Sauce	\$4.00
Roasted Veggie Wrap with Provolone and Mayo	\$4.95
Middle East Wrap with Tabbouleh, Feta, Hummus, Cucumbers, Lettuce and Tomato	\$4.95
Veggie Burger Wrap with Lettuce, Tomato, Pickles, Onions, Cheddar, BQ and Mayo	\$5.95

## Lighter Fare

Yogurt	\$ .95
Fresh Fruit Cup	\$1.50
Fresh Fruit	\$ .95
Fruit Yogurt and Granola Parfait	\$2.00
Granola Cup	\$ .95

## Beverages

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White Milk	\$ .75
Chocolate Milk	\$2.25

THE FRESHEST INGREDIENTS,  
MADE FROM SCRATCH,  
PERSONALIZED SERVICE

LOAVES & FISHES CATERING  
LEAH SUPRENANT, CHEF PROPRIETOR

508.839.1911

