BREAKFAST

Breakfast Burritos
- Egg and Cheese: $2.00, $2.75, $3.25, $3.50
- with Ham or Bacon
- with Sausage
- with Veggies
- The Bomb with Egg, Cheese, Veggies, and Ham or Bacon: $5.95
- Huevos Rancheros with Black Beans, Eggs, Salsa, Sour Cream: $4.95

Omelets
- Egg and Cheese: $2.00, $2.75, $3.25, $3.50
- with Ham and Bacon
- with Sausage
- with Veggies
- 2 Eggs Toast and Home fries: $3.25, $4.25, $4.50
- with Ham or Bacon
- with sausage
- Scrambled Eggs, Baby Spinach, Tomatoes and Cream Cheese, Toast: $4.50

On the Side
- Toast: $0.80
- Home fries: $1.50
- Bacon: $1.20
- Oven Steak Fries: $1.95

Bagels, English Muffins and Breakfast Sandwiches
- Bagel and Cream Cheese or Peanut Butter: $1.50
- Plain Bagel: $1.00
- English Muffin with Jelly or Peanut Butter: $1.00
- Plain English Muffin: $0.80
- Western Sandwich on a Bulky Roll: $4.50
- Egg and Cheese on English Muffin with Ham or Bacon: $1.55
- with Sausage: $2.75
- with Veggies: $3.00
- Egg and Cheese Bagel with Ham or Bacon: $2.75
- with Sausage: $3.60
- with Veggies: $4.00

French Toast
- with Maple Syrup: $3.50

Pastry
- Muffins (blueberry, corn, cranberry walnut): $1.30
- Coffee cake: $1.30
- Freshly baked cookies: $0.95
- Melt-away Bars: $2.50

Lighter Fare
- Yogurt: $0.95
- Fresh Fruit Cup: $1.50
- Fresh Fruit: $0.95
- Fruit Yogurt and Granola Parfait: $2.00
- Granola Cup: $0.95

Beverages
- Fair Trade Coffee
  - Small: $1.75
  - Large: $2.50
- Hot Tea: $1.20
- Arizona® Iced Tea: $1.75
- Nantucket® Juices: $1.89
- White Milk: $0.75
- Chocolate Milk: $2.25

ELMS CAFÉ
at The Cummings School
monday–friday 7 am to 2 pm
Prices and offerings may vary
LUNCH

Hot Off the Grill
...includes Lettuce, Tomato and Pickle
Hot Dog $1.50
6 oz Hamburger $3.95
6 oz Cheeseburger $4.50
6 oz Bacon Cheeseburger $5.95
Vegetarian Burger $4.95
Grilled Cheese and Tomato $2.75
Grilled Cheese $2.50

Quesadillas
...extra Guacamole $ .60
Black Bean and Cheese $4.50
Chicken and Cheese $4.75
Roasted Veggie $4.50
Black Bean Chicken and Cheese $5.25
Buffalo Chicken with Blue Cheese $5.95

 Salad Bar
Market fresh vegetables, your choice, by the pound $5.99
Pasta Salad $1.50

Soup and Chili
Half a Baguette $ .55
Cup of Soup $1.75
Bowl of Soup $3.50
Cup of Vegetarian Chili $2.90
Bowl of Vegetarian Chili $3.75

Specialty Sandwiches

Chicken Wraps
Chicken Salad with Sun Dried Tomatoes, Red Onion, Lettuce and Tomato $5.95
Baja Chicken with Black Beans, Rice, Cheddar, Salsa, Onions and Peppers $5.95
Chicken Caesar Salad $5.95
Grilled Chicken Cheddar, Chili and Sour Cream $5.95
...On Focaccia and Baguette
Grilled Chicken Bacon and Swiss with Ranch on Focaccia $5.95
BBQ Chicken and Cheddar on Baguette with Lettuce and Tomato $5.95

Turkey
Turkey Bacon Cheddar on Baguette with Garlic Herb Spread, Lettuce and Tomato $5.95
Thai Turkey and Veggie Wrap with Julienne Vegetables and Spicy Peanut Sauce $5.25
Thanksgiving Sandwich with Stuffing, Mayo and Cranberry on Apple Cranberry Bread $5.95
Apple Turkey Cheddar Melt with Garlic Herb Spread $5.95
Triple Decker Turkey, Ham, Bacon, American, Mayo and Swiss with Lettuce, Tomato and Onion $6.95

Cold Cuts
Italian on Focaccia with Ham, Provolone, Salami, Mortadella, Pickles, Onions Lettuce and Tomato $4.95
Black Forest Ham and Swiss with Lettuce, Tomato and Mustard $4.95
Classic BLT with Applewood Bacon $4.95

Roast Beef
Roast Beef with Boursin, Lettuce and Tomato $5.95
BBQ Roast Beef with Lettuce, Tomato, Onions and Cheddar Melted $5.95
Roast Beef and Applewood Bacon Melt with Boursin, Lettuce and Tomato $6.95

Tuna and Egg
Tuna Salad Wrap with Swiss Capers, Lettuce and Tomato $5.95
Egg Salad on Multigrain Bread with Lettuce and Tomato $4.95

Vegetarian Wraps
Thai Veggie Wrap with Julienne Vegetables and Spicy Peanut Sauce $4.00
Roasted Veggie Wrap with Provolone and Mayo $4.95
Middle East Wrap with Tabbouleh, Feta, Hummus, Cucumbers, Lettuce and Tomato $4.95
Veggie Burger Wrap with Lettuce, Tomato, Pickles, Onions, Cheddar, BBQ and Mayo $5.95

Lighter Fare
Yogurt $ .95
Fresh Fruit Cup $1.50
Fresh Fruit $ .95
Fruit Yogurt and Granola Parfait $2.00
Granola Cup $ .95

Beverages
Fair Trade Coffee
Small $1.75
Large $2.50
Hot Tea $1.20
Arizona® Iced Tea $1.75
Nantucket® Juices $1.89
White Milk $ .75
Chocolate Milk $2.25

The freshest ingredients,
Made from scratch,
Personalized Service

Loaves & Fishes Catering
Leah Suprenant, Chef Proprietor
508.839.1911

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